

Cape May County Technical High School

Medical Clearance to Participate in High School Sports and Intramural Sports:
New Jersey Administrative Code N.J.A.C.6A:16-2.2

Instructions for completing the medical clearance forms for sports:

1. **Student and Parent Consent Form** (1 page) for each sport participating in:
(Student and parent must sign at the indicated areas.)
2. **Part A: HEALTH HISTORY QUESTIONNAIRE** (3 pages)
(Parent/Guardian must sign at the indicated areas.)
3. **Part B: PREPARTICIPATION PHYSICAL EXAMINATION FORM** (4 pages)
IF YOUR CHILD ALREADY HAS A PHYSICAL ON FILE, AND IT IS WITHIN 365 DAYS, YOU DO NOT NEED TO OBTAIN ANOTHER PHYSICAL UNTIL THE CURRENT ONE EXPIRES.

MAKE SURE THAT YOUR PHYSICIAN, NURSE PRACTITIONER OR CERTIFIED PHYSICIAN’S ASSISTANT ENTERS ALL INFORMATION ON THE PHYSICAL EXAMINATION FORM. DO NOT LEAVE ANY INFORMATION BLANK.
THE PHYSICAL EXAMINATION FORM MUST BE SIGNED AND STAMPED.

Suggestion: If your child’s sports physical is valid (within 365 days) you do not need to have the physical examination completed again. Save the physical examination part of these forms for your child’s next annual physical appointment. At your child’s next annual checkup have the physician complete the form and be ready for another year of sport participation!

4. **CONSENT FOR DRUG TESTING** (2 pages) Student athlete and parent/guardian must sign at the indicated areas.

***** **Parent/Guardian, please check the appropriate box** *****

My child had a sports physical within the past 365 days and should be on file at the School Nurse’s Office.

Please Note: You and your child must still complete and sign the following forms:

- Student and Parent Consent Form**
- Part A: Health History Questionnaire**
- Consent for Drug Testing.**

OR

My child does have a private family physician and we will complete and return all required forms.

Student Athlete Name (Print): _____ Grade: _____ (circle one) Full-time or Partial Day student

If your child does not have health insurance or if you need to have the school physician complete your child’s physical please call the school nurse at 465-2161 ext. 658 to arrange for an appointment. The attached forms, except the physical examination form, must be completed and returned to the school nurse for the school physician’s review.