

# 2017 Summer Reminders

**SBYS is not responsible for items lost or damaged. Students are asked NOT to bring expensive or valuable items**

When Kayaking students are encouraged NOT to bring any items that cannot get wet. Students will be encouraged to leave their cell phones in the van. Students are also asked NOT to bring expensive sunglasses or other valuable items that could get lost in the water. For Kayaking, students will be required to wear a life vest which will be provided.

Students are encouraged to bring drinks and snacks for trips unless otherwise noted on the permission slip. Some places will not allow outside food, but students may eat and drink in the van to and from activity.

Students will be representing the school on all trips. Students should be appropriately dressed. Students should respect themselves and others.

No short shorts, ripped clothing, offensive T-shirts. Bathing suits should cover necessary body parts, and tank tops should not show undergarments. If staff feels student is not dressed appropriately, it will be addressed with the individual. After being spoken to, and inappropriate dress continues, the student may be asked not to attend future trips.



We are a year-round program!!! Individual and Family Counseling will continue to take place throughout the summer! Simply call to make an appointment! If you leave us a message on ext. 686, a staff member will contact you even if the individual you are trying to reach is unavailable.

Trips are Free unless noted; Money will be due at sign up. If money is a challenge, please give us a call.

All trips require that you sign up prior to the day of the trip. There are a limited number of spots available and are based on a first come, first served basis. Often we have a waitlist. If for any reason you are unable to go, please notify SBYS so we may give another student the opportunity to attend. You may call 380-0209 x686 during school office hours (8-3 Monday to Friday). For cancellations after hours, call 609-425-6542.

Permission slips must be signed for each activity. In addition, students must have a signed SBYS program consent.

**\*\* If you want to receive SBYS updates and reminders via e-mail, please drop us a line at [nhiers@capemaytech.com](mailto:nhiers@capemaytech.com) Now Available REMIND 101! Sign up for text reminders: Text @sbystech to (424)543-0468**



## School Based Youth Services

At Cape May County Technical  
High School  
A Program of Cape Counseling Services  
Funded by the Department of  
Children and Families

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188 Crest Haven Rd.  
Cape May Court House NJ 08210  
(609) 380-0209 ext. 686

## 2017 Summer Activities

### **SBYS TEAM:**

*Program Manager:* Noël Hiers, ext. 683  
*Therapist:* Vicki Schwachter, ext. 685  
*Youth Development Specialists:*  
CeeCee Carmichael, ext. 226  
Laurie Emhe, ext. 227  
*Secretary:* Kim Moore ext. 686

**Permission Slips Are Available in  
Room 126, Room 305, or online at  
[www.capemaytech.com](http://www.capemaytech.com)**

**ALL TRIPS ARE FREE UNLESS  
INDICATED OTHERWISE**

## July

### Kayaking River Clean-up

Date: **Monday, July 10<sup>th</sup>**

Time: 8:30 am – 5:00 pm

Place: Winding River in Mays Landing

Have fun kayaking while cleaning up the Winding River.



### Atlantic City Rescue Mission Garden

Date: **Wednesday, July 12<sup>th</sup>**

Time: 9:15 am – 1:30 pm

Place: Bruised Reed Farm in Goshen

Help work in the garden. All food grown is used for the AC Rescue Mission. Free Pizza after.

<https://www.acrescuemission.org/MissionFarms>



### Incoming Freshmen and First-time Kayakers

Date: **Monday, July 17<sup>th</sup>**

Time: 8:30 am – 11:30 am

Place: East Creek Lake in Dennisville

New to Tech or if you have never kayaked--this is the perfect time to learn and meet fellow classmates.



### Crabbing with Tofty

Date: **Wednesday, July 19<sup>th</sup>**

Time: 3:00 pm – 5:00 pm

Place: Meet in Room 109

Join Tech's very own Ms. Toft for some crabbing fun!



### Kayaking/Paddleboarding

Date: **Monday, July 24<sup>th</sup>**

Time: 9:00 am – 12:00 pm

Place: Lucky Bones ramp in Cape May

Join us for a fun morning of kayaking or try paddleboarding.



### Crow Creek Farm Art Studio

Date: **Wednesday, July 26<sup>th</sup>**

Time: 8:30 am – 1:00 pm

Place: Crow Creek Farm Art Studio, CMCH, NJ

Tour Crow Creek Farm Art Studio and experience a personalized art demonstration by acclaimed artist Stan Sperlak.

<http://www.stansperlak.com>



### Hot Air Balloon Festival

Cost/person: **\$10.00**

Date: **Friday, July 28<sup>th</sup>**

Time: 12:45 pm – 11:30 pm

Place: Solberg Airport in Readington, NJ

Enjoy the largest summertime Hot Air Balloon and music festival in North America.

<http://www.balloonfestival.com/>



### Paint Party

Date: **Monday, July 31<sup>st</sup>**

Time: 11:30 am – 2:30 pm

Place: Room 126

Painting activity in room 126. Pizza will be served and supplies will be provided.



## August

### Charlie & The Chocolate Factory

Cost/person: **\$95.00/person**

Date: **Wednesday, August 2<sup>nd</sup>**

Time: 7:15 am – 9:00 pm

Place: Broadway - New York City

See New York City and a Broadway Show

<http://www.charlieonbroadway.com/>



### Atlantic City Rescue Mission

Date: **Wednesday, August 9<sup>th</sup>**

Time: 2:15 pm – 7:30 pm

Place: AC Rescue Mission in Atlantic City

Volunteer to prep, cook, & serve food to those in need. Must be 16 or older to participate.

<http://www.acrescuemission.org>



### Absecon Lighthouse & Stockton University



Cost/person: **\$5 Deposit** (will be returned day of trip)

Date: **Monday, August 14<sup>th</sup>**

Time: 9:00 am – 3:30 pm

Place: Absecon Lighthouse & Stockton University  
Tour New Jersey's tallest lighthouse (228 stairs!) and visit the campus of Stockton University where we will eat lunch.

<http://www.abseconlighthouse.org/>

<https://stockton.edu/>

### Philly Mural Walk & Reading Terminal Market



Date: **Wednesday, August 16<sup>th</sup>**

Cost/person: **\$5 Deposit** (will be returned day of trip)

Time: 8:15 am – 3:30 pm

Place: Philadelphia

Join us for a 2-3 mile walking tour of Philly's world-famous murals & Reading Terminal Market.

<https://www.muralarts.org/>

<http://readingterminalmarket.org/>

### AC Air Show

Date: **Wednesday, August 23<sup>rd</sup>**

Time: 9:45 am – 5:00 pm

Place: Atlantic City

Join us to watch this amazing air display.

<http://airshow.acchamber.com/>



### Delaware Outlet Shopping

Cost/person: **\$10/Person**

Date: **Thursday, August 24<sup>th</sup>**

Time: 7:45 am – 9:15 pm

Place: Delaware Tanger Outlets

Great opportunity for back-to-school shopping!

<https://www.tangeroutlet.com/rehoboth>



### Kayaking River Clean-Up

Date: **Wednesday, August 30<sup>th</sup>**

Time: 8:30 am – 5:00 pm

Place: Winding River in Mays Landing.

Have fun kayaking while cleaning up the Winding River.